

## Extract from the 2005 Edition of the Southwark Mind Services Directory

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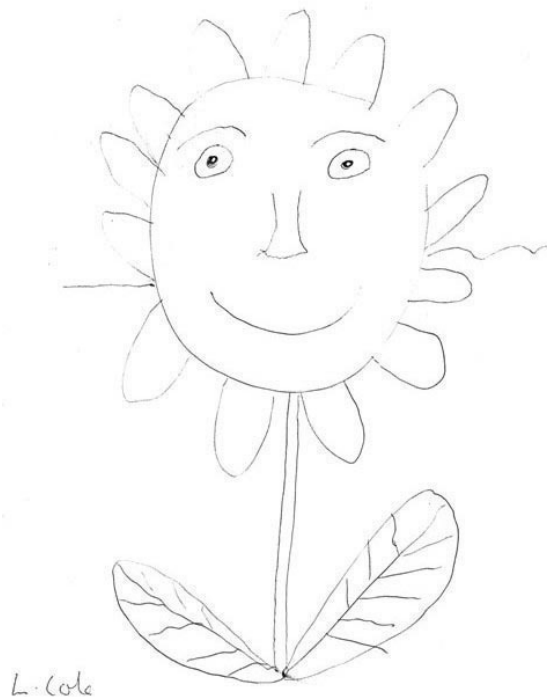
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Visit the fully searchable online version of this directory at  
<http://www.southwarkmind.org.uk/searchframe.html>  
where you can search by Category, by Keyword and by Postcode

To add details of your project to our database for inclusion in any  
future updates phone or email us and ask for a questionnaire form.

Compiled and produced by Alex Clark



## **CHAPTER 15: ELDERLY SERVICES**

This chapter contains details for a range of services for elderly people. Please remember that other relevant services may also be found elsewhere in the directory, for example the **Black Elderly Group Southwark** and the **Black Elders Mental Health Project** in [Black Projects](#) or the **South Asian Elderly Organisation** in [Asian Projects](#).

### **Age Concern Southwark - Head Office**

**Address1:** 224/236 Walworth Road  
**Town/City:** London  
**Postcode:** SE17 1JE

**Phone:** 0207 701 9700  
**Other Numbers:** Fax: 0207 701 7477  
**Email:** [acs@ageconcernsouthwark.org.uk](mailto:acs@ageconcernsouthwark.org.uk)  
**Website:** <http://www.ageconcernsouthwark.org.uk>

**Description:** Head office of local network. Contact this office for details of local services including day centres, early intervention services, information and advice, home care and community care support services etc. This office has limited disabled access, phone for further details.

**Special Interest Activities:** Various head office functions including the Home Care co-ordinator, Finance department, Personnel and their volunteer co-ordinator are all based here.

**Additional Info:** Also see Age Concern projects in Bermondsey, Borough, Peckham and Croydon

**Opening Hours:** Mon-Fri 9am-5pm

**Travel:** BR and Tube: Elephant & Castle / Buses: 12, 35, 40, 45, 68, 171, 176, 468

**Referral:** Open access

## **Age Concern - Croydon**

**Address1:** 158-162 London Road  
**Town/City:** Croydon  
**Postcode:** CR0 2TD

**Phone:** 0208 680 5450  
**Other Numbers:** Fax@ 0208 288 9229  
**Email:** acc@ageconcerncroydon.org.uk

**Description:** Local office of national elderly organisation providing information and advice, Advocacy services, benefits advice, minor repairs service, transport to health clinics, home and travel insurance, and home energy advice etc.

**Opening Hours:** Phone during office hours

**Travel:** BR: West Croydon

**Referral:** Open access

**Disabled Access - ramps, wide doorways, disabled toilet**

## **Age Concern Southwark - Bermondsey**

**Address1:** Yalding Centre  
**Address2:** 95 Southwark Park Rd  
**Town/City:** London  
**Postcode:** SE16 3TY

**Phone:** 0207 237 0860  
**Other Numbers:** Fax: 0207 231 2298

**Description:** Open access drop-in offering help with forms, daily meals, quiet room, computer room with Internet access, snooker room, TV room, hairdressing, bingo, arts and crafts etc. Also some community support and home help services.

**Special Interest Activities:** Line dancing, tea dances, bowling, video club, day trips, holidays/outings etc. Phone for further details.

**Opening Hours:** Mon-Fri 9am-5pm, Mon & Thurs till 7pm

**Travel:** Tube: Bermondsey, Elephant & Castle / Bus: 1

**Referral:** Open access

**Disabled Access - ramps, wide doorways, disabled toilet**

## Age Concern Southwark - Borough

**Address1:** Stones End Day Centre

**Address2:** 11 Scovell Rd

**Town/City:** London

**Postcode:** SE1 1QQ

**Phone:** 0207 403 5336

**Description:** This centre provides day care services offering refreshments and lunch, quiet room for reading, snooker table etc. Phone for further details.

**Special Interest Activities:** Bingo, hairdressing, arts and crafts, cooking, Singalong club, day trips, holidays and outing etc.

**Additional Info:** Transport available

**Opening Hours:** Mon-Fri 9:30am-4pm

**Travel:** BR: Elephant & Castle / Tube: Borough / Buses: 35, 40, 333, 343

**Referral:** Referrals via Social Worker only

**Criteria/Catchment:** Residents of North and some parts of South Southwark

**Disabled Access - ramps, wide doorways, disabled toilet**

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## Age Concern Southwark - Peckham

**Address1:** 33 Peckham Rd  
**Town/City:** London  
**Postcode:** SE5 8UH

**Phone:** 0207 703 6105  
**Other Numbers:** Fax: 0207 708 1700

**Description:** Open access elderly advice centre offering telephone advice and drop-in service in the mornings, personal appointments and home visiting service in the afternoons. Help with benefit claims etc. Phone for further details.

**Special Interest Activities:** Telephone advice and drop-in service Mon-Fri 9:30am-2pm

**Additional Info:** This office can arrange household, motor and travel insurance and funeral plans. Disabled toilet in the Town Hall which is next door.

**Opening Hours:** Telephone advice and drop-in service: Mon-Fri 9am-2pm. Appointments at all other times.

**Travel:** BR: Peckham Rye / Buses: 12, 36, 171, 345, 436

**Criteria/Catchment:** Southwark residents aged 55 plus

**Disabled Access - ramps, wide doorways, disabled toilet**

## Aubrey Lewis 2 Ward

**Address1:** Maudsley Hospital  
**Address2:** Denmark Hill  
**Town/City:** London  
**Postcode:** SE5 8AZ

**Phone:** 0207 919 2721 / 2761  
**Other Numbers:** Fax: 0207 919 2113

**Description:** Medium stay ward. Multi-disciplinary assessment of elderly people in order to determine their care needs and agree a management plan.

**Opening Hours:** Visiting times: Mon-Fri 2pm-8pm, weekends 10am-8pm

**Travel:** BR: Denmark Hill / Buses: 40, 42, 68, 176, 185, 468, 484, P15

**Referral:** via GP or Emergency Clinic

**Criteria/Catchment:** Older adults, mainly over 65

## Becket House

**Address1:** Wardalls Grove

**Address2:** Avonley Road

**Town/City:** London

**Postcode:** SE14 5ER

**Phone:** 0207 771 5526

**Other Numbers:** Fax: 0207 771 5519

**Description:** 24-hour care for older adults with mental health problems and challenging behaviour (physical, psychological or emotional). Care is modelled on the Domus philosophy which means providing care in a homely environment. Most patients have a severe and deteriorating condition.

**Special Interest Activities:** Individual person-centred indoor and outdoor activities. Residents also attend various day centres and can attend church services.

**Additional Info:** NHS facility run by SLaM Trust. Phone for details of training courses for professionals in elderly care.

**Opening Hours:** 24 hours

**Travel:** BR: Queens Road (Peckham), New Cross / Tube: New Cross, New Cross Gate / Buses: 21, 53, 172, 453

**Referral:** via Consultant Psychiatrist only

**Criteria/Catchment:** Older adults living in Southwark

**Disabled Access - ramps, wide doorways, disabled toilet**

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## **Blackfriars Settlement Older People's Services**

**Address1:** 1/5 Rushworth Street

**Town/City:** London

**Postcode:** SE1 0RB

**Phone:** 0207 928 9521

**Other Numbers:** Fax: 0207 620 1409

**Email:** [facilities@blackfriars-settlement.org.uk](mailto:facilities@blackfriars-settlement.org.uk)

**Website:** <http://www.blackfriars-settlement.org.uk>

**Description:** Over 50's Club and Crusoe, a sight-impaired over 50's club. Activities include Arts and Crafts, Drama, Lunch Club, Exercise Club, social activities, days out etc.

**Special Interest Activities:** Over 50's Club Thursdays 10am-3:30pm, Crusoe (sight-impaired over 50's club) Fridays 10am-3:30pm

**Travel:** BR: Waterloo / Tube: Southwark / Buses: 45, 63, 100

**Referral:** Open access

**Disabled Access - ramps, wide doorways, disabled toilet**

## Counsel and Care

**Address1:** Twyman House  
**Address2:** 16 Bonny St  
**Town/City:** London  
**Postcode:** NW1 9PG

**Phone:** 0845 300 7585  
**Other Numbers:** Fax: 0207 267 6877  
**Email:** [advice@counselandcare.org.uk](mailto:advice@counselandcare.org.uk)  
**Website:** <http://www.counselandcare.org.uk>

**Description:** Information and advice for people aged 60 plus by phone, letter or email on many topics including welfare benefits, help finding accommodation, community care provision and advocacy services etc. Can advise on the range of services available in care homes.

**Additional Info:** When statutory help is unavailable special one-off grant payments can be made, can refer to other charities who also provide grants. Phone for further details.

**Opening Hours:** Advice line: Mon-Fri 10am-12:30pm and 2-4pm

**Travel:** BR: Camden Road / Tube: Camden Town

**Referral:** Self or any other source

**Criteria/Catchment:** Aged 60 plus

**Disabled Access - ramps, wide doorways, disabled toilet**

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## **Golden Oldies Community Care Project**

**Address1:** Walworth Methodist Church Hall

**Address2:** 54 Camberwell Rd

**Town/City:** London

**Postcode:** SE5 0EN

**Phone:** 0207 701 2999

**Description:** Well established drop-in/community centre for older people. Subsidised meals on Tuesdays and Thursdays. Staff can help with benefit claims etc. Phone for further details.

**Special Interest Activities:** Keep fit, sewing, knitting, dancing and drama classes, garden project. Occasional day trips and outings. Phone for details.

**Opening Hours:** Tues and Thurs 9:30am-4pm

**Travel:** BR and Tube: Elephant and Castle then bus / Buses: 12, 35, 40, 45, 148, 171, 176, 468

**Referral:** via Social Services elderly assessment teams

**Criteria/Catchment:** Must be aged 60 plus and live in Southwark and meet Elderly Services eligibility criteria

**Disabled Access - ramps, wide doorways, disabled toilet**

## Help the Aged - SeniorLine

**Address1:** 207/221 Pentonville Road  
**Town/City:** London  
**Postcode:** N1 9UZ

**Phone:** SeniorLine: Freephone 0808 800 6565  
**Other Numbers:** Admin: 0207 239 1837 Fax: 0207 278 1116  
Textphone: 0800 269626  
**Email:** seniorline@helptheaged.org.uk  
**Website:** <http://www.helptheaged.org.uk>

**Description:** SeniorLine is the Help the Aged telephone advice line for older people and their carers. Advice on welfare/disability benefits, residential/community care, housing adaptations, special equipment, local contacts and any other issues affecting older people.

**Additional Info:** Help the Aged campaign with and on behalf of the older population promoting their inclusion and independence. Also provide some direct services. Phone or see their website for further details.

**Opening Hours:** SeniorLine: Mon-Fri 9am-4pm except Tues till 3pm only  
Freephone 0808 800 6565

**Referral:** Self or any other source

**Criteria/Catchment:** For older people and their carers anywhere in the country

**Disabled Access - ramps, wide doorways, disabled toilet**

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## Job Ward

**Address1:** 3rd floor, York Clinic, Guys Hospital

**Address2:** 47 Weston Street

**Town/City:** London

**Postcode:** SE1 3RR

**Phone:** 0207 188 3373 / 3375

**Other Numbers:** Fax: 0207 188 3377

**Description:** 15-bed acute assessment ward for older adults offering multi-disciplinary assessment of mental, physical, psychological and social needs.

**Opening Hours:** Phone for visiting times.

**Travel:** BR, Tube: London Bridge / Buses: 21, 35, 133, 343, 381

**Referral:** Referrals for inpatient care via North Southwark Community Team or direct to Ward Manager

**Criteria/Catchment:** Aged 65 and over with acute mental health problems and living in North Southwark

**Disabled Access - ramps, wide doorways, disabled toilet**

## London Centre for Dementia Care

**Address1:** Dept of Mental Health Science, Wolfson Blding, UCL

**Address2:** 48 Riding House Street

**Town/City:** London

**Postcode:** W1W 7EY

**Phone:** 0207 679 9588

**Other Numbers:** Fax: same as phone

**Email:** margot.lindsay@ucl.ac.uk

**Description:** Information about the care of people with dementia provided to workers in dementia care/elderly care. Access to published works etc.

**Special Interest Activities:** Access to information about current research and current literature regarding the health and social care of people with dementia.

**Additional Info:** Free newsletter available on request. Print or electronic version available

**Opening Hours:** Telephone/post/email enquiries only

**Criteria/Catchment:** Information service for London care workers

## North Southwark Community Mental Health Team (Elderly)

**Address1:** The Gatehouse  
**Address2:** 4 Ann Moss Way  
**Town/City:** London  
**Postcode:** SE16 2TS

**Phone:** 0207 232 0148  
**Other Numbers:** Fax: 0207 394 1097

**Description:** Liaison service for older people (65+) with mental health problems. Specialist expertise within fields of mental health nursing, social care, occupational therapy and elderly psychiatry/psychology. Carer support services. Phone for further details.

**Opening Hours:** Mon-Fri 9am-5pm

**Referral:** Referrals through GP's only

**Criteria/Catchment:** Must be over 65 and live in North Southwark

## Older Adults Psychology Service

**Address1:** 1st floor, Maudsley Hospital  
**Address2:** Denmark Hill  
**Town/City:** London  
**Postcode:** SE5 8AZ

**Phone:** 0207 919 2174  
**Other Numbers:** 0207 919 2118

**Description:** Individual and family therapy sessions, neuropsychological assessment and treatment, cognitive behavioural therapy and carers support service. Sessions can take place in the Outpatients department of the hospital, in the patients own home or at some other appropriate location by arrangement. Phone for further details.

**Additional Info:** The meeting rooms in the Outpatients department do not have disabled access. Anybody with mobility problems should arrange to meet at an alternative location.

**Opening Hours:** Mon-Fri 9am-5pm

**Travel:** BR: Denmark Hill / Buses: 40, 42, 68, 176, 185, 468, 484, P15

**Criteria/Catchment:** Aged 65 and over

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## People Care Association

**Address1:** 189 Upland Rd  
**Town/City:** London  
**Postcode:** SE22 0DG

**Phone:** Admin: 0208 693 5207  
**Other Numbers:** Fax: 0208 693 6408

**Description:** Organise annual Christmas day party for elderly and disabled. Also hire out tail-lift buses to Southwark organisations, can arrange driver for days out etc. Phone John on 0207 703 2163 for details of bus hire.

**Criteria/Catchment:** Southwark residents only

## Relatives and Residents Association

**Address1:** 24 The Ivories  
**Address2:** 6-18 Northampton Street  
**Town/City:** London  
**Postcode:** N1 2HY

**Phone:** Helpline: 0207 359 8136  
**Other Numbers:** Admin: 0207 359 8148 Fax: 0207 226 6603  
**Email:** [info@relres.org](mailto:info@relres.org)  
**Website:** <http://www.relres.org>

**Description:** Info and support for relatives/friends/carers of elderly people either living in a home, in long term care or who are looking for a home as care is now essential.

**Additional Info:** Limited disabled access

**Opening Hours:** Office: Mon-Fri 9:30-5pm Helpline: Mon-Fri 10am-12:30pm and 1:30pm-5pm

**Criteria/Catchment:** Elderly people living in a home, in long term care or those in need of care.

**Disabled Access - ramps, wide doorways, disabled toilet**

## South Southwark Community Mental Health Team 1 (Elderly) Camberwell/Nunhead Sector

**Address1:** 46 Half Moon Lane  
**Address2:** Herne Hill  
**Town/City:** London  
**Postcode:** SE24 9HU

**Phone:** 0207 738 6333  
**Other Numbers:** Fax: 0207 274 6658

**Description:** Multi-disciplinary team providing assessment, treatment and follow-up service for elderly patients in the community. Can assist with advocacy, refer to self-help projects and offer carer support. Meetings can be held in patient's own home, care home, day centre or other location by arrangement. Specialised dementia care advice also available. Phone for further details.

**Additional Info:** Teams consist of CPN's, OT's, specialist elderly psychiatrists and psychologists etc

**Opening Hours:** Mon-Fri 9am-5pm, answerphone at other times

**Travel:** BR and Bus: Herne Hill

**Referral:** Referrals through GP's only

**Criteria/Catchment:** Aged over 65 and living in Camberwell/Nunhead

**Disabled Access - ramps, wide doorways, disabled toilet**

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## **South Southwark Community Mental Health Team 2 (Elderly) Peckham Sector**

**Address1:** 4 Heaton Road

**Address2:** Peckham

**Town/City:** London

**Postcode:** SE15 3TH

**Phone:** 0207 525 4644

**Description:** Multi-disciplinary team providing assessment, treatment and follow-up service for elderly patients in the community. Can assist with advocacy, refer to self-help projects and offer carer support. Meetings can be held in patient's own home, care home, day centre or other location by arrangement. Specialised dementia care advice also available. Phone for further details.

**Additional Info:** Teams consist of CPN's, OT's, specialist elderly psychiatrists and psychologists etc

**Opening Hours:** Mon-Fri 9am-5pm, answerphone at other times

**Travel:** BR and Bus: Peckham Rye

**Referral:** Referrals through GP's only

**Criteria/Catchment:** Aged over 65 and living in Peckham

**Disabled Access - ramps, wide doorways, disabled toilet**

## Southwark Pensioners Centre

**Address1:** 305 Camberwell Rd  
**Town/City:** London  
**Postcode:** SE5 0HQ

**Phone:** 0207 708 4556  
**Other Numbers:** Fax: 0207 252 6455  
**Email:** admin@s-p-c.org.uk  
**Website:** <http://www.s-p-c.org.uk>

**Description:** Community centre for elderly residents of Southwark offering information, advice and support, social activities, volunteering and employment opportunities etc. Meeting rooms and minibus available to hire for community activities. Phone for details.

**Special Interest Activities:** Weekly art classes, exercise classes, social groups, newsletter etc

**Opening Hours:** Office: Mon-Fri 9:30am-4pm

**Travel:** BR and Tube: Elephant and Castle then bus / Buses: 12, 35, 36, 40, 42, 45, 68, 148, 171, 176, 185, 468

**Referral:** Open access

**Criteria/Catchment:** Aged 55 plus

**Disabled Access - ramps, wide doorways, disabled toilet**

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## Southwark Social Services Elderly Services North

**Address1:** Woodmill Building  
**Address2:** Neckinger  
**Town/City:** London  
**Postcode:** SE16 3QN

**Phone:** 0207 525 3241  
**Other Numbers:** Fax: 0207 525 3425

**Description:** Assessment and care management services for people aged 65 plus living in North Southwark

**Opening Hours:** Office: Mon-Fri 9am-5pm

**Travel:** BR: London Bridge / Tube: Bermondsey / Bus: 1, 188

**Referral:** Self or other agencies

**Criteria/Catchment:** Aged 65 plus living in North Southwark

**Disabled Access - ramps, wide doorways, disabled toilet**

## Southwark Social Services Elderly Services South

**Address1:** 4 Heaton Road  
**Town/City:** London  
**Postcode:** SE15 3TH

**Phone:** 0207 525 4612  
**Other Numbers:** Fax: 0207 525 4606

**Description:** Care management services for people aged 65 plus in South Southwark. Assessment, domiciliary day care, respite care, residential and nursing care, support for family carers etc. Out of hours service overnight, weekends and bank holidays. Phone for details

**Special Interest Activities:** Out of hours emergency service evenings from 5pm-9am, weekends and bank holidays.

**Opening Hours:** Office: Mon-Fri 9am-5pm

**Travel:** BR: Peckham Rye / Buses: 12, 63, 78, 176, 185, 343

**Referral:** Usually by CC1 or by phone in emergency

**Criteria/Catchment:** Aged 65 plus, living in South Southwark and in need of personal support or residential care.

**Disabled Access - ramps, wide doorways, disabled toilet**

## **Waterloo Action Centre**

**Address1:** 14 Bayliss Rd

**Town/City:** London

**Postcode:** SE1 7AA

**Phone:** 0207 261 1404

**Other Numbers:** Fax: 0207 928 1251

**Description:** Community centre providing a range of services for elderly (65 plus) residents of Lambeth. Work closely with the local Social Services department on elderly issues. Also provide welfare and benefits advice to local residents. Phone for further details.

**Special Interest Activities:** Various special interest groups throughout the week. Phone for details

**Opening Hours:** Phone during office hours

**Travel:** BR, Tube and Bus: Waterloo

**Referral:** Self or other agencies

**Criteria/Catchment:** Lambeth residents aged 65 plus only

**Disabled Access - ramps, wide doorways, disabled toilet**

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