

Extract from the 2005 Edition of the Southwark Mind Services Directory

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Visit the fully searchable online version of this directory at
<http://www.southwarkmind.org.uk/searchframe.html>
where you can search by Category, by Keyword and by Postcode

To add details of your project to our database for inclusion in any
future updates phone or email us and ask for a questionnaire form.

Compiled and produced by Alex Clark



CHAPTER 19: HEALTH CARE AND HIV SERVICES

Health Care

A range of health care projects providing both general and specialist information and advice and other services. See entries for various Sickle Cell and Thalassaemia projects, also see **Health Action for Homeless People**.

Alzheimer's Society

Address1: 46 Half Moon Lane
Town/City: London
Postcode: SE24 9HU

Phone: 0207 738 6333
Other Numbers: Fax: 0207 274 6658

Description: Support service for carers of people with dementia

Special Interest Activities: Support group first Wednesday of every month 2pm-4pm

Additional Info: Phone for appointment to be seen outside of normal office hours

Opening Hours: Mon-Fri 9am-5pm

Travel: BR: Herne Hill / Buses: 37

Referral: Self referrals accepted

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Arthritis Care

Address1: 18 Stephenson Way

Town/City: London

Postcode: NW1 2HD

Phone: Admin: 0207 380 6500

Other Numbers: Helpline: Mon-Fri 10am-4pm 0207 380 6555 or
12-4pm Freephone 0800 800 4050

Website: <http://www.arthritiscare.org.uk>

Description: Nationwide voluntary organisation working with and for all people with arthritis. Aim is to empower people to take control of their arthritis, their lives and user organisations. National network of local groups, telephone helpline, young person's project, home visiting service, various self-management courses, info booklets, reading list, contact list, newsletter etc. Phone for details.

Special Interest Activities: Contact Southeast England office on 01763 244243 for details of your local group

Additional Info: Arthritis Care is a membership organisation: fees start at £10 per year. Phone for details.

Opening Hours: Office: Mon-Fri 9am-5pm Helpline: Mon-Fri 10am-4pm
0207 380 6555 or 12-4pm Freephone 0800 800 4050

Travel: BR, Tube and Bus: Euston

Referral: Open access

Criteria/Catchment: National organisation

Disabled Access - ramps, wide doorways, disabled toilet

Association for Post-Natal Illness

Address1: 145 Dawes Rd
Address2: Fulham
Town/City: London
Postcode: SW6 7EB

Phone: 0207 386 0868
Other Numbers: Fax: 0207 386 8885
Email: info@apni.org
Website: <http://www.apni.org>

Description: Provide information and advice, network of local contacts, telephone support, also post and email correspondence. Information service for partners and families as well as sufferers. Send SAE for info pack or phone for further details.

Opening Hours: Telephone service: Mon, Wed, Fri 10am-2pm: Tues, Thurs 10am-5pm. Answerphone at other times

Referral: Open access

Criteria/Catchment: National catchment

Women Only sessions/services

Medical Advisory Service

Address1: PO Box 3087
Address2: Chiswick
Town/City: London
Postcode: W4 4ZP

Phone: General Medical Helpline: 0208 994 9874
Other Numbers: Admin: 0208 995 8503 Fax: 0208 995 3275
Website: <http://www.medicaladvisoryservice.org.uk>

Description: Provide information and advice on medical and healthcare issues. Operate several helplines including General Medical Helpline, Meningitis Helpline, Infant Death Helpline etc. All lines staffed by experienced medical nurses. Phone for further details.

Additional Info: Run a range of specialist helplines, phone for details.

Opening Hours: Office: Mon-Fri 9am-5pm Helpline times vary.

Referral: Self or any other source

Criteria/Catchment: National catchment

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NHS Direct

Phone: Helpline: 0845 4647

Website: <http://www.nhsdirect.nhs.uk>

Description: 24 hour health information and advice line staffed by experienced nursing and health professionals. Advice on all health issues, can give info on local services. Telephone interpreting services available on main helpline phone number.

Additional Info: NHS Direct became a Special Health Authority in April 2004. It currently consists of 22 call centres covering the whole of England.

Opening Hours: 24 hours

Referral: Open access

Criteria/Catchment: National catchment

OSCAR (Organisation for Sickle Cell Anaemia Research)

Phone: 0207 735 4166

Email: oscarpeggy2@btinternet.com

Website: <http://www.oscartrust.cwc.net>

Description: Voluntary organisation promoting Sickle Cell awareness. Information and advice, access to counselling services, provide support to affected individuals and their families. Can visit people in hospital or at home. Phone for further details.

Opening Hours: Mon-Fri 10am-4pm, answerphone at other times

Referral: Self or any other source

Black and Asian sessions/services

Sexual Health Line

Address1: Freepost
Address2: PO Box 4000
Town/City: Glasgow
Postcode: G3 8XX

Phone: 0800 567123
Other Numbers: Admin: 0800 521361 Minicom: 0141 568 4000
Website: <http://www.playingsafely.co.uk>

Description: Information and advice on all aspects of sexually transmitted infections and sexual health. Can provide local services with leaflets and signpost relevant organisations/resources. Phone by further details.

Opening Hours: 24 hour telephone advice line

Referral: Open access

Criteria/Catchment: National info line

Sickle Cell and Thalassaemia Centre

Address1: Wooden Spoon House, 5 Dugard Way
Address2: Renfrew Rd
Town/City: London
Postcode: SE11 4TH

Phone: 0207 414 1363
Other Numbers: Fax: 0207 414 1357

Description: Professional support for people with Sickle Cell or Thalassaemia or similar red blood cell types. Can arrange counselling and other support services. Self referrals accepted. Phone for details.

Special Interest Activities: Access to network of self help groups in Lambeth, Southwark and Lewisham.

Opening Hours: Office: Mon-Fri 9am-5pm

Travel: BR: Elephant and Castle / Tube: Kennington / Buses: 133, 155, 322

Referral: Self or other agencies

Criteria/Catchment: Anyone living or working in Lambeth, Southwark or Lewisham.

Black and Asian sessions/services
Disabled Access - ramps, wide doorways, disabled toilet

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Sickle Watch

Address1: African Caribbean Centre

Address2: 9 Clarendon Road

Town/City: London

Postcode: N13 6HY

Phone: 0208 888 2148

Other Numbers: Fax: same as phone

Email: sickle-watch@cwcom.net

Website: <http://www.sicklewatch.org.uk>

Description: Offer advice to service users and professionals on all aspects of Sickle Cell disorder. Monitor treatment programmes, access to counselling services, various support services for users and their families. Phone to make appointment.

Special Interest Activities: Monthly support group meetings

Opening Hours: Mon-Fri 9am-6pm

Travel: Tube: Turnpike Lane / Buses: 29, 41, 121, 123, 144, 444, W4

Referral: Self or other agencies

Criteria/Catchment: Open access

Black and Asian sessions/services

Disabled Access - ramps, wide doorways, disabled toilet

Sicklenemia

Address1: PO Box 24968

Address2: Forest Hill

Town/City: London

Postcode: SE23 3GQ

Phone: 0208 291 4804

Description: Self-help project for people suffering from Sickle Cell disease, their carers, friends and families. Telephone helpline offering advice and support, workshops, social events, newsletter etc. Phone for further details.

Special Interest Activities: Various workshops and seminars. Phone for details.

Opening Hours: Helpline: Mon-Fri 10am-3pm

Travel: Meetings held at various locations.

Referral: Open access

Criteria/Catchment: For people with Sickle Cell disease, their carers, friends and families.

Stroke Association

Address1: 240 City Road

Town/City: London

Postcode: EC1V 2PR

Phone: Helpline: 0845 303 3100

Other Numbers: Admin: 0207 566 0300 Fax: 0207 490 2686

Website: <http://www.stroke.org.uk>

Description: Support for people of all ages affected by a stroke. Provides information and advice, can refer to local stroke clubs and other relevant services. Phone or see their website for further details.

Additional Info: Fund research into and campaign for better stroke services

Opening Hours: Helpline: Mon-Fri 9am-5pm, Office 9am-5:30pm

Travel: Tube: Old Street

Referral: Open access

Criteria/Catchment: For people affected by a stroke, their families, carers, relevant professionals etc

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HIV Services

A range of services for people living with or affected by HIV/AIDS

Cascaid

Address1: 5 Windsor Walk

Town/City: London

Postcode: SE5 8BB

Phone: 0207 740 5121 / 5122 / 5123

Other Numbers: Fax: 0207 740 5302

Description: Provide counselling and support services for adults and children living with HIV/AIDS. Also provide support services for carers, partners and families affected by HIV. Phone for further details

Special Interest Activities: People seen at Maudsley Outpatients, the Munro Centre at Guys, the Harrison Wing at St Thomas's, the Caldecott Centre at Kings, the Alexis Clinic at Lewisham Hospital and the Mayday Hospital, Croydon

Additional Info: Consulting rooms have disabled access. Recently merged with the HIV Mental Health Team at the Maudsley hospital.

Opening Hours: Mon-Fri 9am-5pm

Travel: BR Denmark Hill / Buses: 40, 68, 185, 468

Referral: Self or any other source

Criteria/Catchment: Residents of Southwark, Lambeth and Lewisham, or attending the Harrison Wing or Lydia clinic at St Thomas' Hospital, or the Lloyds clinic at Guys, or the Caldecott Centre at Kings, or the Alexis Clinic at the Lewisham Hospital

Positive Partners/Positive Children

Address1: Unit 67 Eurolink Business Centre

Address2: 49 Effra Road

Town/City: London

Postcode: SW2 1BZ

Phone: 0207 738 7333

Other Numbers: Fax: 0207 501 9382

Website: <http://www.ppclondon.org>

Description: Support services for children and families affected by HIV/AIDS. Services include: Family Support, Children's Activity Groups etc. Phone for further details.

Special Interest Activities: Various Children's Activity Groups for different ages on weekday evenings and Saturdays. Phone for details.

Opening Hours: Office: Mon-Fri 9:30am-5:30pm

Travel: BR: Loughborough Junction / Tube: Brixton / Buses: 35, 45, 345, P4

Referral: via Lambeth, Southwark or Lewisham Social Services only

Criteria/Catchment: Residents of Lambeth, Southwark and Lewisham only

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Positively Women

Address1: 347/349 City Road

Town/City: London

Postcode: EC1V 1LR

Phone: Helpline: 0207 713 0222

Other Numbers: Admin: 0207 713 0444 Fax: 0207 713 1020

Email: info@positivelywomen.org.uk

Website: <http://www.positivelywomen.org.uk>

Description: National charity for women and families affected by HIV. Information, advice, peer support, advocacy, outreach work in hospitals, clinics and prisons etc. Services for children affected by HIV. Complementary Therapies, training and volunteering opportunities. All direct services delivered by HIV positive women. Phone for further details.

Special Interest Activities: Drug and Alcohol Support Group first and last Friday of each month, Immigration Advice Tuesday afternoons, Complementary Therapy sessions by arrangement.

Additional Info: Support groups held at Islington base and also at other locations in London. Phone for details.

Opening Hours: Office: Mon-Fri 9:30am-5pm

Travel: Tube: Angel / Buses: 4, 19, 30, 43, 56, 73, 214.

Referral: Self or other agencies

Criteria/Catchment: Women living with HIV

Black and Asian sessions/services

Women Only sessions/services

Disabled Access - ramps, wide doorways, disabled toilet

Terrence Higgins Trust Lighthouse - Head Office

Address1: 52/54 Grays Inn Rd
Town/City: London
Postcode: WC1X 8JU

Phone: 0207 831 0330
Other Numbers: THT Direct Helpline: 0845 122 1200
Email: info@tht.org.uk
Website: <http://www.tht.org.uk>

Description: Head office of well established trust providing a range of services for people with, affected by or at risk of contracting HIV/AIDS, or other sexual health problems. Helpline, advice centre, peer support and community support schemes, employment advice, campaigning, health promotion etc. Phone Head Office for details of local projects/resources.

Special Interest Activities: Telephone helpline, various peer support groups etc

Additional Info: Also see entries for THT Lighthouse at Ladbroke Grove, Waterloo and Kings College Hospital, Camberwell

Opening Hours: Office: Mon-Fri 9:30am-6pm

Travel: Tube: Chancery Lane / Buses: 17, 45, 46

Referral: Open access

Criteria/Catchment: National organisation, some services have specific criteria.

Black and Asian sessions/services
Disabled Access - ramps, wide doorways, disabled toilet

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Terrence Higgins Trust Lighthouse - Kings Centre

Address1: Unit 2, Empress Mews

Address2: Kenbury Street

Town/City: London

Postcode: SE5 9BT

Phone: 0207 737 9740

Other Numbers: THT Direct Helpline: 0845 122 1200 Fax: 020 737 9741

Email: info@lighthouse-kings.org.uk

Website: <http://www.tht.org.uk>

Description: Information service for HIV patients offering assessment and referral service, housing and benefits advice, Immigration advice, African Emotional Support service, Acupuncture etc.

Special Interest Activities: Ante-Natal Clinic last Thursday of every month

Additional Info: Also see entries for THT Lighthouse Head Office, Ladbroke Grove and Waterloo

Opening Hours: Mon-Fri 9:30am-5pm

Travel: BR: Loughborough Junction, Denmark Hill / Tube: Brixton then short bus ride / Buses: 35, 45, 345

Referral: Self referrals accepted for people who attend the Caldecot Centre

Criteria/Catchment: People living with HIV who attend Kings College Hospital's Caldecot Centre

Disabled Access - ramps, wide doorways, disabled toilet

Terrence Higgins Trust Lighthouse South

Address1: 14-15 Lower Marsh

Address2: Waterloo

Town/City: London

Postcode: SE1 7RJ

Phone: 0207 816 4720

Other Numbers: THT Direct Helpline: 0845 122 1200 Fax: 0207 816 4721

Email: info@lighthouse-south.org.uk

Website: <http://www.tht.org.uk>

Description: Services for people living with HIV offering Information service, Counselling, housing and benefits advice, Transport Scheme, African Emotional Support service etc.

Additional Info: Also see entries for THT Lighthouse Head Office, Ladbroke Grove and Kings College Hospital, Camberwell

Opening Hours: Mon-Fri 9:30am-5pm

Travel: BR, Tube and Bus: Waterloo

Referral: Self or other agencies

Criteria/Catchment: Different services have different referral criteria. Phone for details.

Disabled Access - ramps, wide doorways, disabled toilet

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Terrence Higgins Trust Lighthouse West

Address1: 111/117 Lancaster Road

Town/City: London

Postcode: W11 1QT

Phone: 0207 792 1200

Other Numbers: THT Direct Helpline: 0845 122 1200 Fax: 0207 229 1258

Website: <http://www.tht.org.uk>

Description: Provides a very wide range of services for people living with or affected by HIV at this centre and in the community. For further info phone the centre or the THT Direct Helpline on 0845 122 1200

Additional Info: Also see entries for THT Lighthouse Head Office, Waterloo and Kings College Hospital, Camberwell

Opening Hours: Office: Mon-Fri 9am-9pm, Saturdays for pre-arranged events only

Travel: Tube: Ladbroke Grove

Referral: Phone the centre to make an appointment for an assessment meeting

Criteria/Catchment: National catchment

Disabled Access - ramps, wide doorways, disabled toilet

UK Coalition of People Living with HIV and AIDS

Address1: 250 Kennington Lane
Town/City: London
Postcode: SE11 5RD

Phone: 0207 564 2180
Other Numbers: Fax: 0207 564 2140
Email: reception@ukcoalition.org
Website: <http://www.ukcoalition.org>

Description: This project has two main branches: Positive Futures offers guidance, counselling, education, training and employment opportunities etc, and Peer Advocacy offering benefits and housing advice, peer support etc. Can refer you to other services as required.

Opening Hours: Office: Mon-Fri 10am-6pm, phone for appointment

Travel: BR: Vauxhall / Tube: Vauxhall, Oval, Kennington / Buses: 3, 36, 47, 109, 159, 222, 322

Referral: Self or other agencies

Criteria/Catchment: For people who are HIV positive

Disabled Access - ramps, wide doorways, disabled toilet

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