

Extract from the 2005 Edition of the Southwark Mind Services Directory

Published by Southwark Mind ©2005

Contact us at: Cambridge House,
131 Camberwell Road, London SE5 OHF
Tel: 0207 701 8535 (Answerphone)

Email: info@southwarkmind.org.uk

Visit the fully searchable online version of this directory at
<http://www.southwarkmind.org.uk/searchframe.html>
where you can search by Category, by Keyword and by Postcode

To add details of your project to our database for inclusion in any
future updates phone or email us and ask for a questionnaire form.

Compiled and produced by Alex Clark



CHAPTER 2: SUPPORT IN THE COMMUNITY

This chapter is made up of the following categories:

Community Mental Health Centres (Day care centres and similar)

Community Mental Health Teams (the statutory multi-disciplinary teams)

Outreach Services (support services for people living in the community)

Social Services (including an entry for the Appropriate Adult Service)

Out of Hours Services (24 hour emergency support services)

Community Mental Health Centres

All of these centres are staffed by people with special training in mental health issues and can provide a range of advice and support services.

Most of these centres accept self-referrals, but you may be asked to fill in an application form. Many of these centres also provide a subsidised meal, and all of them offer a variety of daytime activities and special interest groups.

Read the main **Description** and look under **Special Interest Activities** to find a centre that sounds right for you, then have a look at the **Referral** details and **Criteria/Catchment** information to see if you meet their conditions and can refer yourself or if you have to get a professional to apply on your behalf.

Association of Pastoral Care in Mental Health

Address1: Cornerstone House

Address2: 14 Willis Road

Town/City: Croydon

Postcode: CR0 2XX

Phone: 0208 665 6718

Other Numbers: Fax: 0208 665 1972

Email: apcmh@cornerstonehouse.org.uk

Description: This organisations runs three informal drop-ins for mental health users and a rehabilitation centre in the Croydon area. Phone for further details.

Special Interest Activities: All the drop-ins this organisation runs provide daily activities, Arts and Crafts and Creative workshops etc.

Opening Hours: Phone during office hours

Travel: BR: East or West Croydon

Referral: Self or other agencies

Criteria/Catchment: Mainly for mental health users from the Croydon area

Bromley Mind - Beckenham Centre

Address1: Beckenham Centre

Address2: 20b Hayne Road

Town/City: Beckenham

Postcode: BR3 4HY

Phone: 0208 249 2986

Other Numbers: Fax: 0208 650 8372

Email: janet.abbott@bromleymind.org.uk

Description: Day-time drop-in run by the local Mind association. Activities include arts and crafts group, poetry and drama workshops, snooker, darts, social club, access to counselling services and benefits advice by arrangement. Phone for further details.

Special Interest Activities: Mon 11am-1pm Women's group, Tues afternoons Art group, Fri morning Craft group, computer training by arrangement. Occasional evening/weekend activities.

Additional Info: Also run drop-ins in Bromley and Orpington

Opening Hours: Day-time drop-in most days. Phone for details.

Travel: BR: Clock House or Beckenham

Referral: Open access

Criteria/Catchment: Day-time drop-in for mental health users, carers, friends and family.

Women Only sessions/services

Castle Day Centre

Address1: Hampton Street
Address2: Elephant and Castle
Town/City: London
Postcode: SE1 6SN

Phone: 0207 703 4596
Other Numbers: Fax: 0207 701 9510
Email: castledaycentre@southwark.gov.uk

Description: At present Social Services run but due to transfer over to the voluntary sector. Referral-only day centre offering variety of groups and activities. Promotes a user-led approach to allow each individual to reach their goals and aims.

Special Interest Activities: Castle Arts group promotes arts interests, computer room, Healthy Eating discussions, Pottery sessions, Women's group, current affairs discussion group, Rainbow Group for gay, lesbian and transgender users hold meetings here, other groups

Additional Info: At present steep stairway to access centre but disabled facilities planned soon

Opening Hours: Mon-Fri 9am-4pm except Thurs 10:30am-4pm

Travel: BR, Tube and Bus: Elephant and Castle then short walk

Referral: Professional referrals only

Criteria/Catchment: Referral only service for adult mental health users on CPA living in Southwark

Women Only sessions/services

2
S
U
P
P
O
R
T
I
N
T
H
E
C
O
M
M
U
N
I
T
Y

Community Opportunities Service Central

Address1: The Lee Centre

Address2: 1 Aislipie Road

Town/City: London

Postcode: SE12 8QH

Phone: 0208 297 9242

Other Numbers: Fax: 0208 297 0603

Description: Support services for people with mental health problems to enable users to engage with the community and lead meaningful lives. The team works closely with users, carers and care co-ordinators to develop care plans and achieve objectives through individual and group work in community settings and in the user's own home.

Special Interest Activities: Women Only group, Black users group, Football, Swimming, Arts and Crafts, Picture Framing, Photography, Walking group, Gardening and Allotment projects.

Additional Info: Some in-reach work done on wards. Close links with the Deptford Hearing Voices project.

Opening Hours: Varies depending on project. Out-of-Hours service on weekend mornings. Phone for details.

Travel: BR: Lewisham, Blackheath, Lee / Buses: 122, 231, 261

Referral: Usually via GP, CMHT or other agencies. Some projects accept self-referrals. Phone for details.

Criteria/Catchment: Must live in Lewisham, be on Enhanced CPA and be aged 18-65.

Black and Asian sessions/services

Women Only sessions/services

Disabled Access - ramps, wide doorways, disabled toilet

Community Opportunities Service North (Formerly the Compass Centre)

Address1: 32/34 Watson Street
Address2: Deptford
Town/City: London
Postcode: SE8 4AU

Phone: 0208 694 6519
Other Numbers: Fax: 0208 692 1544

Description: NHS Community Service supporting people with severe and enduring mental health problems. Access to mainstream education, training, vocational and leisure activities. Keyworking, some case work and support to clients regarding all aspects of daily living. Phone for further details.

Special Interest Activities: Various groups/activities daytime and some evenings. Phone for details.

Additional Info: Also see Deptford Hearing Voices Service in Self Help section

Opening Hours: Office: Mon-Fri 9:30am-4:30pm. Drop-In sessions and other activities at various times. Phone for details.

Travel: BR and Tube: New Cross / DLR: Deptford Bridge / Buses: 47, 53, 177, 225

Referral: Self, CMHTs, other recognised agencies. Phone for referral form.

Criteria/Catchment: Lewisham residents aged 18 plus with a mental health problem

Disabled Access - ramps, wide doorways, disabled toilet

2
S
U
P
P
O
R
T
I
N
T
H
E
C
O
M
M
U
N
I
T
Y

**Community Opportunities Service South
(Formerly the Kirkdale Centre)**

Address1: 200 Kirkdale
Address2: Sydenham
Town/City: London
Postcode: SE26 4NL

Phone: 0208 676 0441
Other Numbers: Fax: 0208 659 5527

Description: Mental health centre offering support for Lewisham residents with enduring mental health problems. One to one and group support, pathways to education, vocational and employment opportunities, developing social networks etc. By referral only.

Additional Info: This building has no disabled access

Opening Hours: Mon-Fri 9am-4:30pm

Travel: BR: Sydenham / Buses: 75, 122, 176, 202, 312, 450

Referral: Professional agencies only

Criteria/Catchment: For residents of Lewisham

Crossways Centre

Address1: 184-186 Rye Lane

Address2: Peckham

Town/City: London

Postcode: SE15 4NF

Phone: 0207 635 5300

Other Numbers: Fax: 0207 635 5325

Email: crossways.centre@threecs.co.uk

Description: Voluntary sector mental health day centre which aims to provide a safe, supportive environment where people can socialise, access welfare and benefits advice, participate in user initiated activities and obtain support. Subsidised meals, laundry facilities, various activities/groups etc.

Special Interest Activities: Managed by the Three C's group, who also manage two other local centres. Users can access all relevant Three C's services from the same referral form.

Additional Info: Full disabled access to ground floor.

Opening Hours: Mon-Fri 9am-5pm

Travel: BR: Peckham Rye / Buses: 12, 36, 37, 63, 78, 136, 171, 177, 312, 343, 345, 363, P11, P12, P13

Referral: via Southwark Community Opportunities referral form

Criteria/Catchment: Adults aged 18-65 with mental health problems living in Southwark or on out of borough placement. People from other areas need secured funding.

Women Only sessions/services

Disabled Access - ramps, wide doorways, disabled toilet

2

S
U
P
P
O
R
T

I
N

T
H
E

C
O
M
M
U
N
I
T
Y

Greenwich Mind

Address1: 54 Ormiston Road

Address2: Greenwich

Town/City: London

Postcode: SE10 0LN

Phone: Mindline (info line): 0208 853 1735

Other Numbers: Admin: 0208 853 2395

Website: <http://www.greenwichmind.co.uk>

Description: Community based mental health centre providing access to counselling and advocacy services plus telephone advice line (Mindline) and a range of support groups, activities and social events. Counselling sessions can be held at community locations by arrangement, also Asian and Turkish language counselling available. Phone or see their website for further details.

Special Interest Activities: Asian and Turkish counselling services, Arts workshop, Gardening club, Complementary Therapies, Thursday afternoon Drop-In, Friday Women's Group and Post-Natal Group (both with crèche facilities), Tea Club every other Sunday, other outings/events etc.

Opening Hours: Helpline and Office: Mon-Fri 9am-5pm, activities and groups at various times, some evening and weekend activities, phone for info booklet.

Travel: BR: Westcombe Park

Referral: Self or any other source

Criteria/Catchment: Mainly for residents of Greenwich with mental health needs

Black and Asian sessions/services

Women Only sessions/services

Disabled Access - ramps, wide doorways, disabled toilet

Lorrimore Drop-In

Address1: St Paul's Church
Address2: Lorrimore Square
Town/City: London
Postcode: SE17 3QU

Phone: 0207 735 8815
Email: dropin@lorrimore.org.uk
Website: <http://www.lorrimore.org.uk>

Description: Open access drop-in/community centre for mental health users. Staff can refer you on to other community care services, like benefits advisors etc. Subsidised meals daily, large main area, dining room, TV room, quiet room, snooker room, computer room etc

Special Interest Activities: Women Only sessions Monday 12noon-1:30pm, Men Only session Thurs 10-11:30am, SIMBA (Black and Ethnic Minority) sessions Tues 12:30-3:30pm, Art group every Wednesday morning during term-time, Sunday afternoon tea

Additional Info: Also see Lorrimore Counselling, Lorrimore Network (Outreach), Lorrimore Housing (Accommodation), Lorrimore Home and Dry (Homekeeping) and the Aylesbury Centre for Therapy for residents of the Aylesbury Estate, Walworth

Opening Hours: Mon 12-1:30pm Women Only then 1:30-5pm open to all, Tues 12:30-3:30pm SIMBA black users group, Wed 10am-4pm, Thurs 10-11:30am Men Only then 11:30am-4pm open to all, Fri 10am-4pm, Sat 10am-4pm, Sunday 2pm-4pm

Travel: Tube: Kennington / Buses: P5 to door or 12, 35, 40, 45, 68, 148, 171, 176, 486 to Walworth Rd then walk, or 133, 155 to Kennington then walk

Referral: Self or any other source

Criteria/Catchment: People with mental health issues living in Southwark, Lambeth and Lewisham

Black and Asian sessions/services
Women Only sessions/services
Disabled Access - ramps, wide doorways, disabled toilet

Peckham Pop-In

Address1: Peckham Park Road Baptist Church

Address2: 121 Peckham Park Road

Town/City: London

Postcode: SE15 6SX

Phone: 0207 635 9400

Description: Drop-in centre for people aged 18-65 with mental health problems offering info and advice, support, help with benefits etc. Large hall with kitchen, meal at 4:30pm Mon-Wed, pool, table tennis, board games etc. Phone for details.

Special Interest Activities: Art group, bingo, other groups from time to time.

Additional Info: Subsidised meals Mon-Wed at 4:30pm

Opening Hours: Mon, Tues, Wed: 2-6pm

Travel: BR: Peckham Rye then 15 min walk / Buses: 63 and short walk, 78 and 381 stop at door

Referral: CMHT or GP

Criteria/Catchment: Aged 18-65 and living in Southwark or from other areas if funded

Disabled Access - ramps, wide doorways, disabled toilet

Threshold Support - Open Door Day Centre

Address1: 224 Jamaica Road
Town/City: London
Postcode: SE16 4BD

Phone: 0207 525 5990
Other Numbers: Fax: 0207 525 5991
Email: grantn@threshold.org.uk

Description: User-led day centre. Individual keyworkers provide practical support. Large communal room with pool table and ping-pong, quiet room, smoking room, kitchen, shower and laundry. Various activities include cooking, fitness, arts, computers and outings etc.

Special Interest Activities: Wed 10:30am-12:30pm Coffee Mornings visitors welcome, Wed 2-3pm women's computer group, Wed 3:30-5:30pm women's relaxation group, Wed 5-7pm Internet Club, Thurs 12noon-2pm African-Caribbean group

Additional Info: See other Threshold projects in Accommodation and Outreach

Opening Hours: Mon, Tues & Fri 9:30am-4:30pm, Wed 9:30am-7:30pm, Sundays 11am-3pm

Travel: BR: South Bermondsey / Tube: Bermondsey, Canada Water, Surrey Quays / Buses: 1, 47, 188, 381, P13

Referral: Professional referrals only by Community Opportunities form

Criteria/Catchment: Aged 18-65 living in Southwark with a mental health problem

Black and Asian sessions/services

Women Only sessions/services

Disabled Access - ramps, wide doorways, disabled toilet

2
S
U
P
P
O
R
T
I
N
T
H
E
C
O
M
M
U
N
I
T
Y

Community Mental Health Teams

Community Mental Health Teams (CMHT's) provide treatment and support to people in the community and may also provide some day care and outpatient services. You may be allocated a keyworker based at a CMHT who will be responsible for ensuring that you get access to the services you need and who can also provide help and support in a crisis.

The Community Mental Health Teams are comprised of a Team Manager, Consultant Psychiatrist, Registrars, Social Workers, Community Psychiatric Nurses (CPN's), Occupational Therapists and Psychologists who work together with other agencies to provide a fully integrated service.

One important recent change is that each CMHT is now be linked to specific GP surgeries, meaning that the GP you are registered with now determines what Community Mental Health Team you are allocated to, whereas before the CMHT you were allocated to depended on where you live.

Chaucer Community Resource Centre (CMHT NE)

Address1: 13 Ann Moss Way

Address2: Lower Road

Town/City: London

Postcode: SE16 2TH

Phone: 0207 231 4578

Other Numbers: Fax: 0207 237 3526

Email: chris.mccree@slam.nhs.uk

Description: Multi-disciplinary community mental health team providing a range of services from initial assessment through to ongoing support for people with enduring mental health problems. Work in partnership with primary care services.

Opening Hours: Mon-Fri 9am-5pm

Travel: BR: London Bridge / Tube: Canada Water / Buses: 47, 188, 381

Referral: via GP's, A&E, social services and other agencies

Criteria/Catchment: Must be 18 to 65 years old and living in North Southwark

Disabled Access - ramps, wide doorways, disabled toilet

Community Mental Health Team North West (CMHT NW)

Address1: 27/29 Camberwell Road
Town/City: London
Postcode: SE5 0EZ

Phone: 0207 525 2751
Other Numbers: Fax: 0207 525 2773

Description: Multi-disciplinary community mental health locality comprised of 3 teams of workers: 1) the Assessment and Brief Treatment team, 2) the Continuing Care team and 3) the Complex Needs team, which includes forensic users. The teams consist of CPN's, social workers, psychiatrists and psychologists etc. Referral to specialist services as required.

Special Interest Activities: A Life Events group runs several times a year, referral to this group via care co-ordinator.

Additional Info: Out-patients facility

Opening Hours: Mon-Fri 9am-5pm

Travel: BR and Tube: Elephant and Castle then bus / Buses: 12, 35, 40, 45, 68, 171, 176, 468

Referral: Usually via GP

Criteria/Catchment: Must be registered with GP in this locality's catchment or if no GP then depends on home address.

Disabled Access - ramps, wide doorways, disabled toilet

2
S
U
P
P
O
R
T
I
N
T
H
E
C
O
M
M
U
N
I
T
Y

Lordship Lane Locality

Address1: 20-22 Lordship Lane

Address2: East Dulwich

Town/City: London

Postcode: SE22 8HN

Phone: 0207 525 6100 or 6101

Other Numbers: Fax: 0207 525 6180

Description: A fully integrated CMHT offering a secondary mental health service in the local PCT catchment area. All referrals to the locality are assessed by the Assessment and Brief Treatment team and a decision made regarding ongoing CMHT allocation and treatment.

Additional Info: ABT and Continuing Care teams

Opening Hours: Office: Mon-Fri 9am-5pm

Travel: BR: East Dulwich / Buses: 40, 176, 185, P13

Referral: Self referrals accepted but most come via GPs

Criteria/Catchment: Adults aged 18-65 with mental health needs living within local catchment area in South Southwark

Disabled Access - ramps, wide doorways, disabled toilet

Southbrook Community Mental Health Team

Address1: 1 Southbrook Rd

Address2: Lewisham

Town/City: London

Postcode: SE12 8LH

Phone: 0208 318 1339

Other Numbers: Fax: 0208 297 1448

Description: Multi-disciplinary Community Mental Health Team, comprised of CPNs, OTs, Social Workers, psychiatrists and psychologists offering assessment, advice, crisis intervention, counselling, art therapy etc.

Special Interest Activities: Anxiety Management group, Depression group and Carers group

Opening Hours: Office: 9am-5pm, Drop-in Mon, Wed, Fri 9am-12noon

Travel: BR: Lee Green then 5 min walk / Buses: 202, 261 then walk or 273 stops by door

Referral: Self refer to drop-in service Mon, Wed, Fri 9am-12noon, otherwise phone for appointment or via GP's, Social Services etc

Criteria/Catchment: Aged 16-65 living in central or East Lewisham

Disabled Access - ramps, wide doorways, disabled toilet

2

S
U
P
P
O
R
T

I
N

T
H
E

C
O
M
M
U
N
I
T
Y

Southwark Team for Early Psychosis (STEP Team)

Address1: 106 Weston Street

Town/City: London

Postcode: SE1 3QB

Phone: 0207 089 7058

Other Numbers: Fax: 0207 089 7057

Description: Early intervention team for 14-35 year olds who are experiencing psychosis for the first time. Social and community outreach, CBT and family work services referring to specialist in-house teams including Vocational worker, CAMS link worker (for under 18's) and care co-ordinators linked to ABT Teams. This is a new service for younger people. Phone for further details.

Additional Info: New and developing service

Opening Hours: Mon-Fri 9am-5pm

Travel: Tube: Southwark

Referral: via ABT's from GP' s, Social Workers, the Emergency Clinic and other professional agencies.

Criteria/Catchment: Southwark residents aged 14-35 with first onset of psychosis

Speedwell Mental Health Centre

Address1: 62 Speedwell Street
Address2: Deptford
Town/City: London
Postcode: SE8 4AT

Phone: 0208 691 4535
Other Numbers: Fax: 0208 691 4537

Description: Multi-disciplinary team offering assessment and continuing care services, intervention and treatment programmes etc.

Special Interest Activities: Links to a voluntary sector assertive outreach team specialising in Afro-Caribbean clients

Opening Hours: Mon-Fri 9am-5pm

Travel: New Cross, Deptford

Referral: Mainly GP referrals. Self-referrals via Walk-In Clinic Tuesday and Thursday mornings.

Criteria/Catchment: Covers postcodes SE8, SE14, parts of SE4 and SE15

St Giles Assessment and Brief Treatment Team

Address1: 12 Windsor Walk
Town/City: London
Postcode: SE5 8BB

Phone: 0207 919 3825
Other Numbers: Fax: 0207 740 5176

Description: Community Mental Health Team for South Southwark. Assessment and treatment programmes, keyworking etc. Strong links with primary care agencies, can refer to other services as required.

Additional Info: Limited disabled access. Disabled visitors should make arrangements in advance.

Opening Hours: Office hours only

Travel: BR: Denmark Hill / Buses: Any bus to Camberwell Green

Referral: Professional referrals only

Criteria/Catchment: Aged 18-65, living in South Southwark and with a primary mental health diagnosis.

St Giles Continuing Care Team 1

Address1: 6 Lordship Lane
Address2: East Dulwich
Town/City: London
Postcode: SE22 8HN

Phone: 0207 740 5450
Other Numbers: Fax: 0207 919 2987

Description: Multi-disciplinary community mental health team comprised of psychiatrists, psychologists, OT's, CPN's and social workers offering care and co-ordination of outpatient services for people diagnosed with an enduring mental health problem.

Special Interest Activities: Bi-Polar disorders clinic offering treatment, support and advice. Phone for details.

Opening Hours: Office: Mon-Fri 9am-5pm

Travel: BR: East Dulwich / Buses: 37, 40, 176, 185

Referral: Professional referrals only

Criteria/Catchment: Aged 16-65 living in the Camberwell sector with enduring mental health problems.

St Giles Continuing Care Team 2

Address1: 12 Windsor Walk
Town/City: London
Postcode: SE5 8BB

Phone: 0207 919 2767
Other Numbers: Fax: 0207 919 3294

Description: Multi-disciplinary mental health team comprised of psychiatrists, psychologists, occupational therapists, CPN's etc who can help people with severe and enduring mental health problems. Mainly see clients on a 1 to 1 basis. Phone for further details.

Additional Info: There is currently no disabled access to this project

Opening Hours: Office: Mon-Fri 9am-5pm

Travel: BR: Denmark Hill / Buses: Any bus to Camberwell Green then walk

Referral: via in-house Assessment Service and GPs

Criteria/Catchment: via GPs and in-house Assessment Service

Outreach Services

All these services provide support to people living in the community. Many are targeted at a specific client group, for example dealing with homeless people or ex-offenders. Most of these services require a professional referral.

Forensic Outreach Service

Address1: Clinical Treatment Centre, Maudsley Hospital

Address2: Denmark Hill

Town/City: London

Postcode: SE5 8AZ

Phone: 0207 919 2327 Switchboard: 0207 703 6333

Other Numbers: Fax: 0207 919 3135

Description: Consultation and liaison service to South Southwark CMHT's. Aftercare service for forensic inpatients at the Bethlem. Probation liaison service and links with HMP Brixton.

Opening Hours: Mon-Fri 9am-5pm

Travel: BR: Denmark Hill / Buses: Camberwell Green then 10 min walk or 40, 68, 185, 468 to door

Referral: Written referral from secondary services. Phone for details

Criteria/Catchment: Forensic patients handled by South Southwark services.

2

S
U
P
P
O
R
T

I
N

T
H
E

C
O
M
M
U
N
I
T
Y

Lorrimore Network

Address1: 1 Amelia Street
Address2: Walworth
Town/City: London
Postcode: SE17 3PY

Phone: 0207 701 6262
Other Numbers: Admin: 0207 701 7798 Fax: 0207 708 5353
Email: housingandnetwork@lorrimore.org.uk
Website: <http://www.lorrimore.org.uk>

Description: Community outreach service for people who are isolated and vulnerable to repeated hospital admissions.

Additional Info: Also see Lorrimore Drop-In, Lorrimore Counselling, Lorrimore Housing (Accommodation), Lorrimore Home and Dry (Homekeeping) and the Aylesbury Centre for Therapy for residents of the Aylesbury Estate, Walworth

Opening Hours: Office: Mon-Fri 9am-5pm

Travel: Not relevant as this service visits people at home

Referral: via statutory agencies

Criteria/Catchment: Living in Southwark and on a CPA

Southside Partnership Community Outreach Team

Address1: Scout Hall, Scout Lane
Address2: Clapham Old Town
Town/City: London
Postcode: SW4 0LA

Phone: 0207 498 2533
Other Numbers: Fax: 0207 498 0451
Email: info@southsidepartnership.org.uk
Website: <http://www.southsidepartnership.org.uk>

Description: Community Outreach Team offering support to people with mental health needs and learning disabilities to increase their independence, regain their confidence and continue to live in their own homes.

Opening Hours: Office hours: Mon-Fri 9am-5pm

Southside Partnership Prison Project

Address1: Scout Hall, Scout Lane

Address2: Clapham

Town/City: London

Postcode: SW4 0LA

Phone: 0207 498 2533

Other Numbers: Fax: 0207 720 8523

Description: Provides support and advocacy to offenders and ex-offenders with mental health needs. Work in 12 prisons across London and the South-East, and offers continuing support for anyone returning to live in a London borough on release. Support provided includes accommodation, help with benefits, access to primary healthcare, substance misuse issues and education and employment opportunities etc.

Additional Info: This project won a Charities Award in 2004

Opening Hours: Mon-Fri 9am-5pm

Travel: Clients visited at various locations

Referral: Self-referrals from prisoners or via staff and agencies within the 12 prisons in which this project currently operates

Criteria/Catchment: Any offender with mental health needs (diagnosis not necessary) on remand or serving a sentence of less than 12 months in the prisons in which this project currently operates

2

S
U
P
P
O
R
T

I
N

T
H
E

C
O
M
M
U
N
I
T
Y

Southwark Community Outreach Team (SCOT)

Address1: 106 Weston Street

Town/City: London

Postcode: SE1 3QB

Phone: 0207 378 6383

Description: Assertive outreach service for people with mental health problems who find it hard to engage with mainstream services. This project provides flexible, holistic support for social and clinical needs. Phone for further details.

Additional Info: Limited disabled access to building

Opening Hours: Mon-Fri 9am-5pm

Travel: BR, Tube and Bus: London Bridge

Referral: via borough CMHT's and the Start Team

Criteria/Catchment: Must live in Southwark, be aged 18-65, have a history of mental illness and be hard to engage

St Giles Trust in HMP Wandsworth

Address1: St Giles at HMP Wandsworth

Address2: Heathfield Road

Town/City: London

Postcode: SW18 3HS

Phone: 0208 588 4173

Other Numbers: Prison switchboard: 0208 588 4000 Fax: 0208 877 9247

Description: Advice and guidance on all matters relating to accommodation for prisoners on remand and short term sentences only. Help to secure existing accommodation, resettlement services for people with mental health/substance misuse problems, link-work with external agencies etc. Phone for further details.

Special Interest Activities: Training and support for serving prisoners to gain NVQ3 in Advice whilst working as peer advisors.

Additional Info: In-prison service with good links to outside community services. Help planning resettlement packages, which could include the services of other St Giles Trust projects.

Opening Hours: Office: Mon-Fri 9am-5pm

Travel: BR: Wandsworth Common

Referral: Any prisoner can make an application to be seen.

Criteria/Catchment: Remand prisoners and people serving short sentences in HMP Wandsworth only.

2

S
U
P
P
O
R
T

I
N

T
H
E

C
O
M
M
U
N
I
T
Y

Start Team

Address1: 1st floor, Masters House

Address2: Dugard Way, Renfrew Road

Town/City: London

Postcode: SE11 4TH

Phone: 0207 840 0653

Other Numbers: Fax: 0207 840 0657

Description: Community mental health team which provides services to homeless people in Lambeth, Southwark and Lewisham, using an assertive outreach approach to engage them. The team provides a range of intervention including assessments, practical help, treatments, accommodation advice, referrals for therapy etc. The team is currently working with an increasing number of black and ethnic minority users, and can arrange interpreters as required. Phone for further details.

Special Interest Activities: Women only service available on request, service users forum.

Opening Hours: Office: Mon-Fri 9:30am-5:30pm

Travel: Office is for admin only, meetings held at various locations.

Referral: Self or other agencies

Criteria/Catchment: Sleeping rough or living in direct access hostel.

Black and Asian sessions/services

Women Only sessions/services

Three Boroughs Primary Health Care Team

Address1: 1st floor, Masters House
Address2: Dugard Way, off Renfrew Rd
Town/City: London
Postcode: SE11 4TH

Phone: 0207 414 1500
Other Numbers: Fax: 0207 414 1513
Website: <http://www.threeboroughs.nhs.uk>

Description: Nurse-led primary health care services for homeless people, refugees and asylum seekers, people with TB, and people with drug and alcohol problems. People seen in a variety of settings, such as hostels, day centres, local voluntary agencies, community centres etc. Phone for details or see their website.

Additional Info: Part of the Lambeth Primary Care Trust

Opening Hours: Office: Mon-Fri 9:30am-5:30pm

Travel: Office is for admin only, meetings held at various locations.

Referral: Self or other agencies

Criteria/Catchment: Homelessness, refugee/asylum seeker status, symptoms of TB, drug or alcohol problems.

2
S
U
P
P
O
R
T
I
N
T
H
E
C
O
M
M
U
N
I
T
Y

Threshold Support - Southwark Community Support Team

Address1: 106 Weston Street
Town/City: London
Postcode: SE1 3QB

Phone: 0207 403 0801 x218
Other Numbers: 0207 403 3079 x218
Email: fauxl@threshold.org.uk

Description: Community support team for people with mental health problems and/or problems with substance misuse/alcohol dependency. Provide practical support with welfare benefits, budgeting, advocacy and mediation services, living skills etc. Phone for details.

Additional Info: See other Threshold projects in Accommodation and Community Mental Health Centres

Opening Hours: Mon-Fri 9am-5pm, other times by arrangement

Travel: BR and Tube: Elephant and Castle, London Bridge

Referral: via Southwark Social Services

Criteria/Catchment: Aged 18-64 with mental health problems and/or substance misuse/alcohol dependency

Social Work Services

These are specialist services run by Southwark Social Services department.

Maudsley Social Work Team

Address1: Lower Floor, Maudsley Hospital

Address2: Denmark Hill

Town/City: London

Postcode: SE5 8AZ

Phone: 0207 919 2403

Other Numbers: Fax: 0207 919 2959

Description: Social work services for drug and alcohol users on the wards and in the community. Assessment services, care management programmes, ASW services, keyworking, referral to drug and alcohol rehab services etc.

Opening Hours: Office: Mon-Fri 9am-5pm

Travel: BR: Denmark Hill / Buses: Camberwell Green then 10 min walk or 40, 68, 185, 468 to door

Referral: Referral procedure depends on service required. Phone for details.

Criteria/Catchment: Criteria depends on service required. Phone for details.

2

S
U
P
P
O
R
T

I
N

T
H
E

C
O
M
M
U
N
I
T
Y

Southwark Appropriate Adult Scheme

Address1: c/o SELDOC, East Dulwich Hospital

Address2: East Dulwich Grove

Town/City: London

Postcode: SE22 8PT

Phone: 0208 693 3401

Description: Provides trained volunteers to act as Appropriate Adults for people with mental health problems or learning disabilities who have been arrested by the police, or who are themselves the victims of crime or witnesses to a crime. 24 hour emergency service.

Special Interest Activities: If a volunteer is not available a Social Worker may go instead.

Additional Info: Also see entry for Emergency Duty Social Work Team in Out of Hours Services

Opening Hours: Office: Mon-Fri 9am-5pm Tel: 0208 693 3401 or Out of Hours service on 0207 525 5000 and ask for Emergency Duty Social Work Team

Referral: Self or any other source

Criteria/Catchment: Adults with mental health problems or learning disabilities who are interviewed in Southwark police stations as a suspect, victim or witness.

Out of Hours Services

24 hour emergency care and support services available in Southwark.

Emergency Clinic - Maudsley Hospital

Address1: The Maudsley Hospital

Address2: Denmark Hill

Town/City: London

Postcode: SE5 8AZ

Phone: 0207 919 2047 / 2048 / 2049 Switchboard: 0207 703 6333

Other Numbers: Fax: 0207 919 2053

Description: 24 hour service providing assessment, treatment and support for people presenting with acute mental health problems or who are in distress. Main out-of-hours self-referral service in Southwark, this is often point of first contact for people in distress.

Opening Hours: 24 hours

Travel: BR: Denmark Hill / Tube: Elephant & Castle then bus / Buses: Camberwell Green then 10 min walk or 40, 68, 185, 468 to door

Referral: Self or any other source

Disabled Access - ramps, wide doorways, disabled toilet

Emergency Duty Social Work Team

Address1: c/o SELDOC, East Dulwich Hospital

Address2: East Dulwich Grove

Town/City: London

Postcode: SE22 8PT

Phone: After 5pm: 0207 525 5000 and ask for Duty Social Work Team

Description: Out of hours service for mental health service users. Specialist team deals with issues as they arise or refers to relevant services as necessary. Main phone number puts you through to Southwark Council switchboard then ask for Duty Social Work Team.

Additional Info: Also see entry for Southwark Appropriate Adult Scheme in Social Services

Opening Hours: Out of hours emergency service

Criteria/Catchment: Provide services relating to Southwark residents only

2
S
U
P
P
O
R
T
I
N
T
H
E
C
O
M
M
U
N
I
T
Y