

Extract from the 2005 Edition of the Southwark Mind Services Directory

Published by Southwark Mind ©2005

Contact us at: Cambridge House,
131 Camberwell Road, London SE5 OHF
Tel: 0207 701 8535 (Answerphone)

Email: info@southwarkmind.org.uk

Visit the fully searchable online version of this directory at
<http://www.southwarkmind.org.uk/searchframe.html>
where you can search by Category, by Keyword and by Postcode

To add details of your project to our database for inclusion in any
future updates phone or email us and ask for a questionnaire form.

Compiled and produced by Alex Clark



CHAPTER 22: HOSPITAL BASED SERVICES

This chapter is made up of the following sections:

North Southwark Specialist Services

Guys Hospital Mental Health Wards (York Clinic)

South Southwark Specialist Services

Maudsley Hospital Mental Health Wards

Bethlem Royal Hospital Mental Health Wards

Note: Many of these services are of course borough-wide, but from previous experience many people find it helpful to list these services by location.

Hospital-based services includes specialist teams such as the **CREST Teams** for **North** and **South Southwark** (see their entries in their respective sections) who offer home treatment for mental health users where appropriate. Various other community and outreach services can be accessed through the entries listed in this chapter.

Mental health users should see the description of admissions procedures in the article **First Contact and Continuing Care** at the beginning of this directory. Also see Out of Hours Services in the chapter **Support in the Community** for details of the **Emergency Clinic** at the Maudsley hospital. Their 24 hour telephone number is 0207 919 2047.

We are listing the **Southwark Adult Therapy Team** first as they offer a highly specialised service for mainly housebound people from any part of Southwark.

Southwark Adult Therapy Team

Address1: St Giles Hospital

Address2: St Giles Road

Town/City: London

Postcode: SE5 7RN

Phone: 0207 771 3355

Other Numbers: Fax: 0207 711 3366

Description: Provide Occupational Therapy, Physiotherapy and Speech Therapy assessment and treatment for people who are housebound or whose needs would best be met by a community therapist. Phone for further details.

Opening Hours: Phone during office hours

Referral: Phone for details

Criteria/Catchment: For Southwark residents

North Southwark Specialist Services

**Chaucer Community Inpatient Unit
(Formerly Philippa de Roet Unit)**

Address1: Chaucer Community Resource Centre

Address2: 13 Ann Moss Way

Town/City: London

Postcode: SE16 2TH

Phone: Office: 0207 237 6681

Other Numbers: Patient's phone: 0207 394 9080 Fax: 0207 394 6775

Description: Short-term rehabilitation and post acute care for people with enduring mental health problems. Respite care as part of a Community care plan. Phone for further details.

Additional Info: 10 bed mixed sex ward, individual rooms and segregated sleeping areas.

Opening Hours: 24 hour service

Travel: BR: London Bridge / Tube: Canada Water / Buses: 47, 188, 381

Referral: via acute wards in Southwark, community referrals via CREST teams

Criteria/Catchment: Focus is on rehabilitation so client's level of interest in participating forms a core part of the initial assessment

Disabled Access - ramps, wide doorways, disabled toilet

**CREST Team North
(Formerly North Southwark Home Treatment Team)**

Address1: York Clinic, Guys Hospital
Address2: 47 Weston Street
Town/City: London
Postcode: SE1 3RR

Phone: 0207 188 6991
Other Numbers: CREST North pager: 07699 724632 Fax: 0207 188 7024

Description: Multi-disciplinary team offering support and treatment to people in their own homes who are suffering a mental health crisis who would otherwise require admission to hospital. Also provide support on release to people who have been admitted.

Opening Hours: 8am-midnight 7 days a week all year round. After midnight contact the CREST North pager: 07699 724632 or the Emergency Clinic on 0207 919 2047 / 2048 / 2049

Travel: BR, Tube and Bus: London Bridge

Referral: Your home address or GP should be in the North Southwark catchment area

Criteria/Catchment: Must be resident of North Southwark

Disabled Access - ramps, wide doorways, disabled toilet

22

H
O
S
P
I
T
A
L

B
A
S
E
D

S
E
R
V
I
C
E
S

Intensive Psychological Treatment Service

Address1: York Clinic, Guys Hospital

Address2: 47 Weston Street

Town/City: London

Postcode: SE1 3RR

Phone: IPTS: 0207 188 3257 Switchboard: 0207 188 7188

Other Numbers: Fax: 0207 507 4117

Description: Outpatient therapy programmes for adult mental health service users from North Southwark and Lewisham. This service provides intensive therapy day programmes using a Therapeutic Community model. Techniques include CBT, CAT etc. Continuing support programme.

Additional Info: The York Clinic has it's own entrance on the corner of St Thomas Street and Weston Street

Opening Hours: Office: Mon-Fri 10am-4pm

Travel: BR, Tube and Bus: London Bridge

Referral: Health professionals only. Please contact the service to discuss any potential referrals.

Criteria/Catchment: Residents of North Southwark or Lewisham

Disabled Access - ramps, wide doorways, disabled toilet

Occupational Therapy - York Clinic, Guys Hospital

Address1: Community Link Unit, York Clinic, Guys Hospital

Address2: 47 Weston Street

Town/City: London

Postcode: SE1 3RR

Phone: 0207 188 7028

Other Numbers: Fax: 0207 188 7019

Description: OT services for acute adult inpatient wards in York Clinic. This unit provides OT assessments of daily living and vocational skills etc. It also provides a programme of activities for inpatients on the wards and in the community.

Opening Hours: Mon-Fri 9am-5pm

Travel: BR, Tube and Bus: London Bridge

Referral: Multi-disciplinary team accepts referrals for specific assessments. All adult inpatients are invited to attend group programme.

Criteria/Catchment: For adult in-patients living in North Southwark

Disabled Access - ramps, wide doorways, disabled toilet

22

H
O
S
P
I
T
A
L

B
A
S
E
D

S
E
R
V
I
C
E
S

Guys Hospital (York Clinic) Mental Health Wards

John Dickson Ward

Address1: 4th Floor, York Clinic, Guys Hospital

Address2: 47 Weston Street

Town/City: London

Postcode: SE1 3RR

Phone: Office: 0207 188 3379 Switchboard: 0207 188 7188

Other Numbers: Patient's phone: 0207 188 3382 Fax: 0207 188 2183

Description: Acute in-patient ward for males aged 18-65 providing 18 beds. Large communal dining room/TV room, smoking room, laundry room, weekly activity sessions etc.

Additional Info: 18 beds, men only

Opening Hours: 24 hours

Travel: BR, Tube and Bus: London Bridge

Referral: Professional agencies only

Disabled Access - ramps, wide doorways, disabled toilet

Ruskin Unit (Formerly Maurice Craig Ward)

Address1: 3rd Floor, York Clinic, Guys Hospital

Address2: 47 Weston Street

Town/City: London

Postcode: SE1 3RR

Phone: Office: 0207 188 5964 Switchboard: 0207 188 7188

Other Numbers: Patient's phone: 0207 188 5963 Fax: 0207 407 1511

Description: Acute admission ward for women from Southwark aged 18-65

Special Interest Activities: Women's Group Weds mornings, Friday Forum, Art Group, Creative Workshop, Cookery, Gym, Video Club etc

Additional Info: 15 beds, women only

Opening Hours: 24 hours

Travel: BR, Tube and Bus: London Bridge

Referral: Professional agencies, Home Treatment teams, CREST etc

Criteria/Catchment: For women living in Southwark. Must be assessed by Crisis resolution Team before admission to inpatient services.

Disabled Access - ramps, wide doorways, disabled toilet

22

H
O
S
P
I
T
A
L

B
A
S
E
D

S
E
R
V
I
C
E
S

Snowfields Adolescent Unit

Address1: York Clinic, Guys Hospital

Address2: 47 Weston Street

Town/City: London

Postcode: SE1 3RR

Phone: 0207 188 7043 Switchboard: 0207 188 7188

Other Numbers: Fax: 0207 357 7951

Description: Ten bed acute adolescent inpatient unit for 12-18 year olds. Multidisciplinary team comprised of medical and nursing staff, psychologists, OTs, teachers and social workers provide 24 hour care. Day care service on release, Art and Music therapy, various activities/workshops etc

Special Interest Activities: Anxiety management group, relaxation therapy, social/living skills etc

Additional Info: This service recently won a Health and Social Care Award for Excellence in Mental Health Provision.

Opening Hours: 24 hours. Emergency admissions possible if bed space available.

Travel: BR, Tube and Bus: London Bridge

Referral: Consultant psychiatrist must be involved in referring adolescent to unit, other professionals welcome to phone for advice

Criteria/Catchment: Aged 12-18 with serious mental health problems from Southwark, Lambeth and Lewisham. People from other areas phone to check eligibility

Disabled Access - ramps, wide doorways, disabled toilet

South Southwark Specialist Services

Centre for Anxiety Disorders and Trauma

Address1: Maudsley Hospital

Address2: 99 Denmark Hill

Town/City: London

Postcode: SE5 8AZ

Phone: 0207 919 2101

Other Numbers: Fax: 0207 740 5215

Email: anxietydisordersunit@slam.nhs.uk

Description: The centre assesses and treats people suffering from anxiety disorders including obsessive compulsive disorders, social phobias, panic attacks, agoraphobia and post traumatic stress disorders, which are treated using cognitive behavioral psychotherapy.

Additional Info: Limited disabled access and unfortunately, at the time of writing, the clinic cannot currently offer home visits. Phone to ask about alternatives.

Opening Hours: Office: Mon-Fri 9am-5pm

Travel: BR: Denmark Hill / Buses: Any bus to Camberwell Green

Referral: GP and NHS referrals only

Criteria/Catchment: Criteria depends on condition, phone for details.

22

H
O
S
P
I
T
A
L

B
A
S
E
D

S
E
R
V
I
C
E
S

Community Clinical Psychology Service

Address1: Maudsley Psychology Centre, Maudsley Hospital

Address2: Denmark Hill

Town/City: London

Postcode: SE5 8AZ

Phone: 0207 919 2194

Other Numbers: Fax: 0207 919 2473

Description: A service that offers sessions with a clinical psychologist.
Phone for further details.

Additional Info: No disabled access to offices.

Opening Hours: Mon-Fri 9am-5pm

Travel: BR: Denmark Hill / Buses: 12, 35, 36, 40, 42, 45, 68, 171, 176, 185

Referral: GP or CMHT only

Criteria/Catchment: Must be living in South Southwark, and must not have a psychotic diagnosis

**CREST Team South
(Formerly South Southwark Home Treatment Team)**

Address1: Old Works Building
Address2: Maudsley Hospital, Denmark Hill
Town/City: London
Postcode: SE5 8AZ

Phone: 0207 919 3500
Other Numbers: CREST South pager: 07659 127117 Fax: 0207 919 3198

Description: Multi-disciplinary team offering support and treatment to people in their own homes who are suffering a mental health crisis who would otherwise require admission to hospital. Also provide support on release to people who have been admitted.

Additional Info: Disabled access to Outpatients department only

Opening Hours: 8am-midnight 7 days a week all year round. After midnight contact the CREST South pager: 07659 127117 or the Emergency Clinic on 0207 919 2047 / 2048 / 2049

Travel: BR: Denmark Hill / Buses: 40, 68, 185, 468

Referral: Your home address or GP should be in the South Southwark catchment area

Criteria/Catchment: Must be resident of South Southwark

22

H
O
S
P
I
T
A
L

B
A
S
E
D

S
E
R
V
I
C
E
S

Kings Mental Health Liaison Team

Address1: Dept of Psychological Medicine, Kings College

Address2: Denmark Hill

Town/City: London

Postcode: SE5 9RS

Phone: 0207 346 3227

Other Numbers: Fax: 0207 346 5156

Description: Assessment and treatment service for people with a mental health problem who come in to Kings College Accident & Emergency department. Service is run by specially trained staff.

Opening Hours: 24 hours

Travel: BR: Denmark Hill / Buses: 12, 35, 36, 42, 45, 171, 176, 185, 468

Referral: Self via Kings College Accident and Emergency dept, GP's, inpatient wards and other professionals

Criteria/Catchment: Aged 18 plus

Disabled Access - ramps, wide doorways, disabled toilet

Maudsley Volunteers

Address1: Maudsley Hospital
Address2: Denmark Hill
Town/City: London
Postcode: SE5 8AZ

Phone: 0207 919 2699

Description: Places local volunteers with Community Mental Health Teams. Volunteers provide support for social activities like gardening, arts and crafts and music projects etc. Also assist with evening and weekend social activities, and provide individual support as needed.

Opening Hours: Phone during office hours

Travel: BR: Denmark Hill / Buses: Camberwell Green then 10 min walk or 40, 68, 185, 468 to door

Referral: Open access

Maudsley Welfare Rights Dept

Address1: Welfare Rights Dept, Maudsley Hospital
Address2: Denmark Hill
Town/City: London
Postcode: SE5 8AZ

Phone: 0207 919 2948

Other Numbers: Fax: 0207 919 2947

Email: carol.waylett@slam-tr.nhs.uk

Description: Benefits assessment service for inpatients at the Maudsley and Bethlem and outpatients attached to local community mental health teams. Facilitate patients return to the community by ensuring there are no breaks in benefit entitlement on release.

Opening Hours: Office: Mon-Fri 9:30am-4:30pm

Travel: BR: Denmark Hill / Buses: Camberwell Green then 10 min walk or 40, 68, 185, 468 to door

Referral: Phone for referral form

Criteria/Catchment: Inpatients at the Maudsley and Bethlem or people attached to East Lambeth or Nunhead CMHT's.

Disabled Access - ramps, wide doorways, disabled toilet

22

H
O
S
P
I
T
A
L

B
A
S
E
D

S
E
R
V
I
C
E
S

Occupational Therapy Resource Centre - Maudsley

Address1: Douglas Bennett House, Maudsley Hospital

Address2: Denmark Hill

Town/City: London

Postcode: SE5 8AZ

Phone: 0207 919 2707

Other Numbers: Fax: 0207 919 2339

Description: OT assessment and treatment for adult inpatients in South Southwark, adult education classes in pottery, woodwork, computers and basic life skills etc.

Opening Hours: Office: Mon-Fri 9am-5pm

Travel: BR: Denmark Hill / Tube: Elephant & Castle then bus / Buses: 12, 35, 40, 45, 68, 176, 185

Referral: Professional agencies only

Criteria/Catchment: Adult in-patients living in South Southwark

Disabled Access - ramps, wide doorways, disabled toilet

SLaM Trust Psycho-Sexual Clinic

Address1: c/o Crisis Recovery Unit
Address2: Maudsley Hospital, Denmark Hill
Town/City: London
Postcode: SE5 8AZ

Phone: 0207 919 2371

Description: Specialist services for psycho-sexual and relationship problems. Consultant psychiatrist attached to clinic, counselling and other therapies, specialist support as required.

Opening Hours: Phone during office hours

Referral: Usually via Health and social care professionals

SLaM Trust Self Harm Service

Address1: c/o Crisis Recovery Unit
Address2: Maudsley Hospital, Denmark Hill
Town/City: London
Postcode: SE5 8AZ

Phone: Outpatient services: 0207 919 2371 (Maudsley)
Inpatient services: 0208 776 4273 (Bethlem)

Description: Specialist services for people aged 17 plus who persistently self harm. Multidisciplinary team comprised of psychiatrists, psychotherapists, specialist nurses and Occupational Therapists. Contact the Unit Administrator for details of referral procedures for both inpatient and outpatient services.

Opening Hours: Phone during office hours

Referral: Usually via GP's or other health professionals

Maudsley Hospital Mental Health Wards

Douglas Bennett Level 2

Address1: Douglas Bennett House, Maudsley Hospital

Address2: Denmark Hill

Town/City: London

Postcode: SE5 8AZ

Phone: Office: 0207 919 2690 Switchboard: 0207 703 6333

Other Numbers: Patient's phone: 0207 703 0164 Fax: 0207 919 2691

Description: Acute ward for males aged 16-65 who require inpatient care.
For men with acute mental health needs living in Southwark.

Additional Info: 18 beds, men only

Opening Hours: Phone during office hours

Travel: BR: Denmark Hill / Tube: Elephant and Castle / Buses: 40, 68, 185, 468

Referral: Professional agencies only

Disabled Access - ramps, wide doorways, disabled toilet

Eileen Skellern 1 (ES1)

Address1: Maudsley Hospital

Address2: Denmark Hill

Town/City: London

Postcode: SE5 8AZ

Phone: Office: 0207 919 2070 Switchboard: 0207 703 6333

Other Numbers: Patient's phone: 0207 703 5625 Fax: 0207 740 5005

Description: Secure mixed sex ward for people whose behavior is deemed to be unsafe either to themselves or to others and are therefore unable to stay on the other acute wards.

Additional Info: Mixed sex ward, 14 beds (9 male, 5 female)

Opening Hours: Phone during office hours

Travel: BR: Denmark Hill / Tube: Elephant & Castle / Buses: 12, 35, 40, 45, 68, 171, 176, 185

Referral: Professional agencies only

Disabled Access - ramps, wide doorways, disabled toilet

Eileen Skellern 2 (ES2)

Address1: Maudsley Hospital
Address2: Denmark Hill
Town/City: London
Postcode: SE5 8AZ

Phone: Office: 0207 919 2080 Switchboard: 0207 703 6333
Other Numbers: Patient's phone: 0207 277 0017 Fax: 0207 919 2081

Description: Acute male inpatient ward, 18 beds. Phone for details.

Additional Info: 18 beds, men only

Opening Hours: Phone during office hours

Travel: BR: Denmark Hill / Tube: Elephant & Castle / Buses: 12, 35, 40, 45, 68, 176, 185

Referral: Professional agencies only

Disabled Access - ramps, wide doorways, disabled toilet

Jim Birley Unit

Address1: Douglas Bennett House, Maudsley Hospital
Address2: Denmark Hill
Town/City: London
Postcode: SE5 8AZ

Phone: Office: 0207 919 3311 Switchboard: 0207 703 6333
Other Numbers: Patient's phone: 0207 703 8402 Fax: 0207 740 5169
Website: <http://www.slam.nhs.uk>

Description: Acute female in-patient ward offering treatment to alleviate relapse, various therapeutic activities etc.

Additional Info: 18 beds, women only

Opening Hours: Phone during office hours

Travel: BR: Denmark Hill / Tube: Elephant & Castle then bus / Buses: 12, 35, 40, 45, 68, 176, 185, 468

Referral: Professional agencies only

Criteria/Catchment: Female patients in Southwark in need of mental health treatment.

22

H
O
S
P
I
T
A
L

B
A
S
E
D

S
E
R
V
I
C
E
S

Bethlem Royal Hospital Mental Health Wards

Denis Hill Unit

Address1: Bethlem Royal Hospital

Address2: Monks Orchard Rd

Town/City: Beckenham

Postcode: BR3 3BX

Phone: 0208 776 4239

Other Numbers: Referrals: 0208 776 4788 Fax: 0208 776 4698

Description: Forensic inpatient service. Medium secure unit providing inpatient treatment for mentally disordered offenders. Ward is currently men only, referrals for female forensic patients to same team, alternative arrangements will be made.

Additional Info: Denis Hill Unit is currently a men only ward. Enquiries for female referrals to same team, alternative arrangements will be made.

Opening Hours: 24 hour inpatient service

Travel: BR: Eden Park or East Croydon then bus / Buses: 119, 166, 194, 198

Referral: Professional referrals only

Criteria/Catchment: People from South Southwark and East Lambeth detained under the Mental Health Act.

Witley 2 Special Care Unit

Address1: Bethlem Royal Hospital

Address2: Monks Orchard Road

Town/City: Beckenham

Postcode: BR3 3BX

Phone: Office: 0208 776 4107

Other Numbers: Patient's phone: 0208 777 1603 Fax: 0208 776 4108

Description: 10-bed mixed sex unit for Southwark clients providing special care rehabilitation services with an average stay of about 18 months.

Special Interest Activities: Budgeting, Cookery, Time Management, work and college placements etc

Additional Info: 10 bed, mixed sex ward

Opening Hours: Staffed 24 hours

Travel: BR: Eden Park or East Croydon then bus / Buses: 119, 166, 194, 198

Referral: via High Support Rehab Teams at the Maudsley hospital

Criteria/Catchment: Southwark clients only

22

H
O
S
P
I
T
A
L

B
A
S
E
D

S
E
R
V
I
C
E
S

Witley House 3

Address1: Bethlem Royal Hospital

Address2: Monks Orchard Road

Town/City: Beckenham

Postcode: BR3 3BX

Phone: 0208 776 4124

Other Numbers: Patient's phone: 0208 777 3578 Fax: 0208 776 4403

Description: Forensic rehabilitation ward for male patients aged 18-65. Focus is on daily living skills, risk management, anger management, drug and alcohol awareness, relapse prevention, managing mental illness and medication regimes.

Special Interest Activities: Education and Numeracy training, Men's health issues, and LOCN certified courses in Woodwork, Furniture Restoration, Jewelry Making, Introduction to IT and Word Processing.

Additional Info: 15 beds, men only

Opening Hours: 24 hour inpatient service

Travel: BR: Eden Park or East Croydon then bus / Buses: 119, 166, 194, 198

Referral: Professional referrals only

Criteria/Catchment: Southwark, Lambeth, Lewisham and Croydon with mental health diagnosis and forensic history.