

## Extract from the 2005 Edition of the Southwark Mind Services Directory

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Visit the fully searchable online version of this directory at  
<http://www.southwarkmind.org.uk/searchframe.html>  
where you can search by Category, by Keyword and by Postcode

To add details of your project to our database for inclusion in any  
future updates phone or email us and ask for a questionnaire form.

Compiled and produced by Alex Clark



## **CHAPTER 3: ADVOCACY SERVICES**

Asserting your rights as a user of psychiatric services can be a daunting task, especially when unwell, and in such circumstances an independent advocate can be a powerful ally.

An advocate can provide practical help and support and help promote your case to other professionals and organisations involved in your care.

Most advocacy services provide both inpatient and outpatient services, so you can get help from them whether you are in hospital or in the community.

They can help with housing and benefit applications, medication issues, provide access to a range of social and community care services, can accompany you at ward rounds and assessment meetings, and can arrange representation at hospital tribunals and benefit review board meetings etc.

Also see **PACE** (Project for Advocacy, Counselling and Education), an advocacy service for gay people, in **Gay and Lesbian Services**.

### **Action for Advocacy**

**Address1:** PO Box 31856

**Address2:** Lorrimore Square

**Town/City:** London

**Postcode:** SE17 3XR

**Phone:** 0207 820 7868

**Other Numbers:** Fax: 0207 820 9947

**Email:** [info@actionforadvocacy.org.uk](mailto:info@actionforadvocacy.org.uk)

**Website:** <http://www.actionforadvocacy.org.uk>

**Description:** Umbrella organisation offering advice and support to existing advocacy services and help developing new projects. Promotes independent advocacy schemes, access to database of advocacy projects, quarterly newsletter, organises Londonwide advocacy forum etc

**Additional Info:** Phone to have your advocacy project added to their database and website

**Opening Hours:** Mon-Fri 9am-5pm

**Travel:** Tube: Kennington / Buses: 12, 35, 40, 45, 171, 176

**Referral:** Open access

**Disabled Access - ramps, wide doorways, disabled toilet**

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## Advocacy Partners in Croydon

**Address1:** McMillan House  
**Address2:** 54 Cheam Common Road  
**Town/City:** Worcester Park  
**Postcode:** KT4 8RH

**Phone:** 0208 330 6644  
**Other Numbers:** Fax: 0208 330 6622  
**Email:** [info@advocacypartners.org](mailto:info@advocacypartners.org)

**Description:** Provides volunteer advocates for people with a learning disability. Advocates are partnered with a client to represent their needs and rights and to help the client speak up for themselves. Direct support from a team of professional advocates is provided during times of crisis. These services can be negotiated by health and social care agencies from other boroughs. Phone for further details.

**Additional Info:** May be able to refer enquiries from other areas

**Opening Hours:** Mon-Fri 9am-5pm

**Travel:** BR: Worcester Park

**Referral:** Usually via professional agencies

## Bromley Advocacy Project

**Address1:** 61 College Road  
**Town/City:** Bromley  
**Postcode:** BR1 3QG

**Phone:** 0208 313 0139  
**Other Numbers:** Fax: 0208 313 0259  
**Email:** [info@bromleyadvocacyproject.org.uk](mailto:info@bromleyadvocacyproject.org.uk)  
**Website:** <http://www.bromleyadvocacyproject.org.uk>

**Description:** Advocacy services for mental health inpatients and outpatients aged 18-65 living in Bromley and surrounding areas. Phone for further details.

**Opening Hours:** Mon-Fri 9am-5pm

**Travel:** BR: Bromley / Buses: 126, 261, 314

**Referral:** Self or any other source

**Criteria/Catchment:** Mental health service users living in Bromley and surrounding areas

## Cambridge House Advocacy Community Care

**Address1:** Cambridge House  
**Address2:** 131 Camberwell Road  
**Town/City:** London  
**Postcode:** SE5 0HF

**Phone:** 0207 703 0261  
**Other Numbers:** Maudsley office: 0207 919 2530 Fax: 0207 703 2903  
**Email:** [advocacy@cambridgehouseandtalbot.org.uk](mailto:advocacy@cambridgehouseandtalbot.org.uk)

**Description:** Advocacy service informing people about their rights and care options. Help ensuring Community Care needs are fully assessed and properly provided, can refer to housing and benefits advisors, and can arrange representation at appeals/tribunals etc for both inpatients and outpatients. Busy office, phone for appointment.

**Special Interest Activities:** Currently provide inpatient advocacy services at the York Clinic, Guys Hospital, and the Maudsley. Have their own office at the Maudsley - Tel: 0207 919 2530

**Additional Info:** Office is on top floor so no disabled access, can arrange meeting room on ground floor if needed

**Opening Hours:** Mon-Fri 9:30am-5pm

**Travel:** BR and Tube: Elephant and Castle then bus / Buses: 12, 35, 40, 42, 45, 68, 171, 176, 468

**Referral:** Self or any other source

**Criteria/Catchment:** All Southwark residents aged over 18 including mental health users, the elderly, physically disabled, sensory disabilities, carers, substance misuse and HIV/AIDS

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## **Cambridge House Advocacy Mental Health**

**Address1:** Maudsley Hospital

**Address2:** Denmark Hill

**Town/City:** London

**Postcode:** SE5 8AZ

**Phone:** 0207 919 2530

**Email:** [advocacy@cambridehouseandtalbot.org.uk](mailto:advocacy@cambridehouseandtalbot.org.uk)

**Description:** Busy sub-office of well established advocacy service. Help ensuring Community Care needs are fully assessed and properly provided, can refer to housing and benefits advisors, and can arrange representation at appeals/tribunals etc.

**Special Interest Activities:** Drop-In sessions held on wards every two weeks

**Additional Info:** Also see entry for Cambridge House Advocacy Community Care

**Opening Hours:** Mon-Fri 9:30am-5pm

**Travel:** BR: Denmark Hill / Buses: 40, 468 to door

**Referral:** Self or any other source

**Criteria/Catchment:** Aged 18-65, resident in Southwark and currently an inpatient at Guys or the Maudsley hospital

## CHAT Team

**Address1:** Cambridge House  
**Address2:** 131 Camberwell Road  
**Town/City:** London  
**Postcode:** SE5 0HF

**Phone:** 0207 708 1408  
**Other Numbers:** Admin: 0207 701 0743 Fax: 0207 703 2903  
**Email:** chat@cambridgehouseandtalbot.org.uk  
**Website:** <http://www.cambridgehouseandtalbot.org.uk>

**Description:** Independent advocacy for adults and children with learning disabilities and other special needs. Advocacy support to parents with children with learning disabilities and complex needs. Areas of work include your community care needs and user rights, health care, assessments, housing issues etc. Phone for further details.

**Additional Info:** No disabled access to offices, can arrange use of meeting room on ground floor or outreach services available.

**Opening Hours:** Mon-Fri 9:30am-5:30pm. Other times by arrangement.

**Travel:** BR and Tube: Elephant and Castle then bus / Buses: 12, 35, 40, 42, 45, 68, 148, 171, 176, 468

**Referral:** Open access

**Criteria/Catchment:** People with learning disabilities living in Southwark or who are the responsibility of Southwark based statutory services.

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## **Community Support Network South London (CSN) Advocacy Service**

**Address1:** 336 Brixton Road  
**Town/City:** London  
**Postcode:** SW9 7AA

**Phone:** 0207 274 4490  
**Other Numbers:** Fax: 0207 733 0166  
**Email:** co-ord@csnsl.org

**Description:** Free and confidential advocacy service providing representation and support on inpatient and community care issues in Lambeth. Can accompany you to ward rounds and CPA meetings, help accessing relevant services on release etc. Phone for further details.

**Special Interest Activities:** Currently provide inpatient advocacy services to five Lambeth wards at the Lambeth Hospital and St Thomas's. Community Advocacy Service and Forensic advocacy developing at the Cane Hill Medium Secure Unit in Coulsdon and the Health Unit at HMP Brixton.

**Additional Info:** CSN is user led and also hosts Lambeth User Voice, a forum for Lambeth users to campaign for better services. See their entry in User Orgs.

**Opening Hours:** Mon - Fri 10am - 5pm. Answerphone at other times.

**Travel:** Tube: Brixton or Oval / Buses: 3, 59, 109, 133, 159

**Referral:** Self or any other source as long as person being referred agrees to it

**Criteria/Catchment:** Lambeth residents

**Disabled Access - ramps, wide doorways, disabled toilet**

## Lewisham Mental Health Foundation

**Address1:** Independents Centre  
**Address2:** Independents Road, Blackheath Village  
**Town/City:** London  
**Postcode:** SE3 9LF

**Phone:** 0208 297 9624  
**Other Numbers:** Fax: same as phone  
**Email:** mh.foundation@freeuk.com  
**Website:** <http://www.mh.foundation.freeuk.com>

**Description:** Mental health advocacy services for patients in the Ladywell Unit at Lewisham Hospital and in the community. Phone for further details.

**Additional Info:** Links with Lewisham Users Forum - see User Orgs

**Opening Hours:** Office: Mon-Fri 9:30am-5pm

**Travel:** BR: Blackheath / Buses: 202 to Blackheath Village

**Referral:** Self or other agencies

**Criteria/Catchment:** Residents of Lewisham with a mental health problem

**Disabled Access - ramps, wide doorways, disabled toilet**

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